

## Individual support

Mobility to...	Student monthly rate <sup>12</sup>	Student daily rate <sup>13</sup>	Staff daily rate <sup>14</sup>
Denmark, Finland, Iceland, Ireland, Liechtenstein, Luxembourg, Norway, Sweden	€ 900	€70 (2022)/ €79 (2023) (5-14 <sup>th</sup> day)  €50 (2022)/ €56 (2023) (15 <sup>th</sup> -30 <sup>th</sup> day)	€ 180
Austria, Belgium, Cyprus, France, Germany, Greece, Italy, Malta, Netherlands, Portugal, Spain	€ 850		€ 160
Bulgaria, Croatia, Czech Republic, Estonia, the Republic of North Macedonia, Hungary, Latvia, Lithuania, Poland, Romania, Serbia, Slovakia, Slovenia, Turkey	€ 800		€ 140
All Partner Countries	€ 700		€ 180

<sup>12</sup> The rates for student mobility for studies and for traineeships are the same. In ICM, there is no "top-up" grant for traineeship mobility.

<sup>13</sup> The daily student rate applies on the physical component of a short-term blended mobility or a short-term doctoral mobility.

<sup>14</sup> These staff mobility rates apply up to the 14th day of activity, after which the grant drops to 70% of the amount shown.

## Travel support

Travel distances <sup>15</sup>	In case of standard travel	In case of green travel <sup>16</sup>
Between 10 and 99 KM	€23 per participant	Not applicable
Between 100 and 499 KM	€ 180 per participant	€ 210 per participant
Between 500 and 1999 KM	€ 275 per participant	€ 320 per participant
Between 2000 and 2999 KM	€ 360 per participant	€ 410 per participant
Between 3000 and 3999 KM	€ 530 per participant	€ 610 per participant
Between 4000 and 7999 KM	€ 820 per participant	Not applicable
8000 KM or more	€ 1,500 per participant	Not applicable

<sup>15</sup> Travel distances must be calculated using the [Distance Calculator](#) supported by the European Commission. The travel distance for one direction is used to calculate the EU grant amount for the round trip. Use of sustainable means of transport for mobility.

<sup>16</sup> Use of sustainable means of transport for mobility.