

Monday	Soup	Carrot cream with eggs and cilantro
	Fish	Fried dogfish
	Meat	Fried pork
	Opcion	Fried pork
	Vegetarian	Vegetables pastries
Tuesday	Dinner	Meat lasagna
	Soup	Carrots, green bean and pea
	Fish	Fried heik with açorda
	Meat	Meat lasagna
	Opcion	Meat lasagna
Wednesday	Vegetarian	Tomatoes stuffed with vegetables
	Dinner	Carbonara spaghetti
	Soup	Portuguese Green Soup
	Fish	Tuna with cooked potatoes and carrots
	Meat	Carbonara spaghetti
Thursday	Opcion	Carbonara spaghetti
	Vegetarian	Mushrooms with sauce of egg yolk, lemon and parsley
	Dinner	Codfish with cream and spinach
	Soup	Chicken soup
	Fish	Codfish with cream and spinach
Friday	Meat	Chicken roasted
	Opcion	Chicken roasted
	Vegetarian	Vegetables stew with beans
	Dinner	Hamburguer with cheese
	Soup	Spinach
	Fish	Squid stew with beans
	Meat	Hamburguer with cheese
	Opcion	Hamburguer with cheese
	Vegetarian	Vegetables mixed with french fries and eggs
	Dinner	Meat patties

Note: ALLERGENS:(1)Cereals with gluten,(2) crustaceans,(3) eggs,(4) fish,(5) peanuts,(6) soy,(7) milk,(8) tree nuts, (9) celery,(10) mustard,(11) sesame seeds,(12) sulfur dioxide and sulphites,(13) lupins,(14) molluscs. If you are allergic to any food, please contact our team. Possible cross-contamination cannot be excluded. If you are not allergic or intolerant, these substances or products are completely harmless.

Nutritional declaration: variations in preparation and cooking techniques, as well as seasonal and local differences in products, can change the displayed values. This menu may be changed for unforeseen reasons.