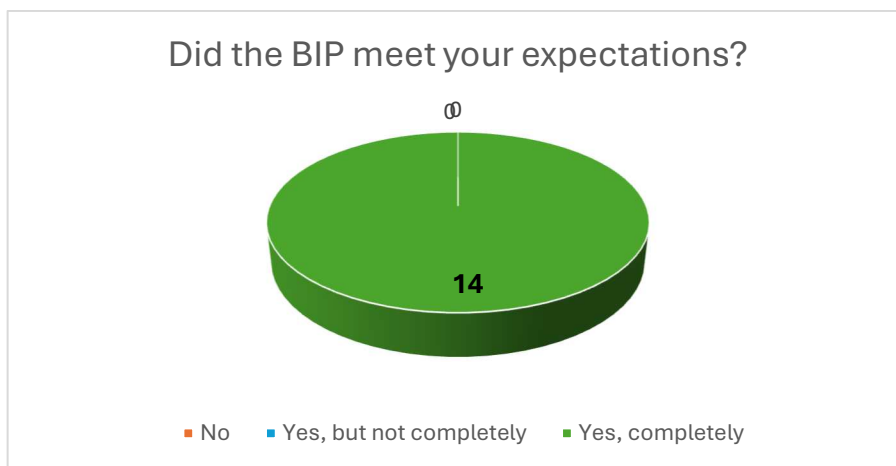


One World, Many Cultures: An Intercultural Exchange (BIP – March/April 2025)

Participants Satisfaction

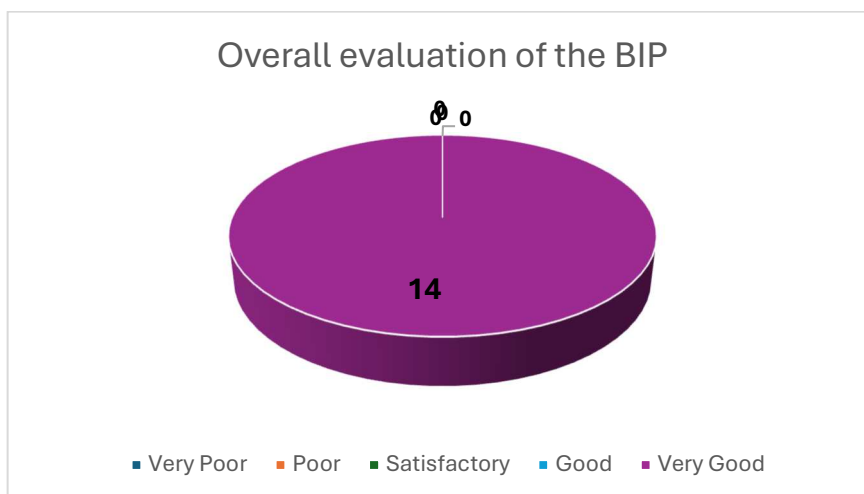
The BIP entitled “*One World, Many Cultures: An Intercultural Exchange*” took place between March and April 2025, in a hybrid format — online and in person — during the week of 7–11 April 2025. The fourteen participants came from Bulgaria, Italy, Poland, and Romania and completed a satisfaction survey regarding their participation in this programme.

Graph 1:



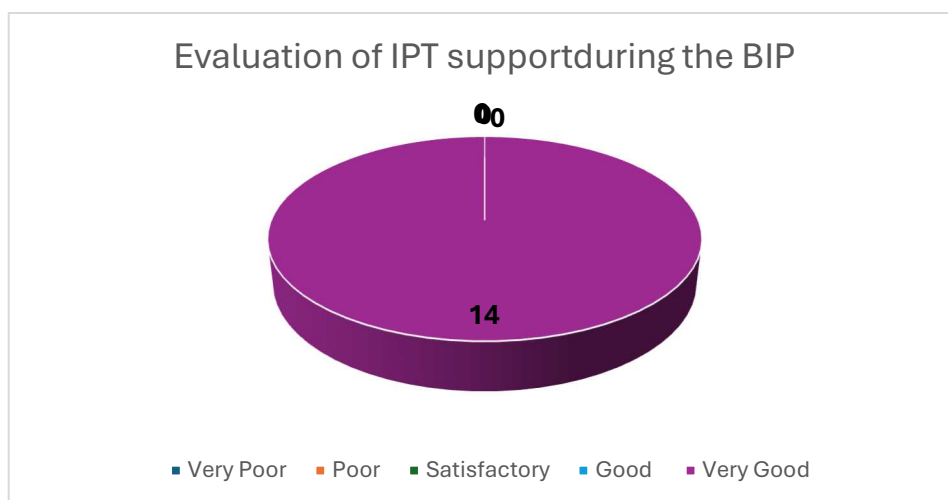
Source: own elaboration

Graph 2:



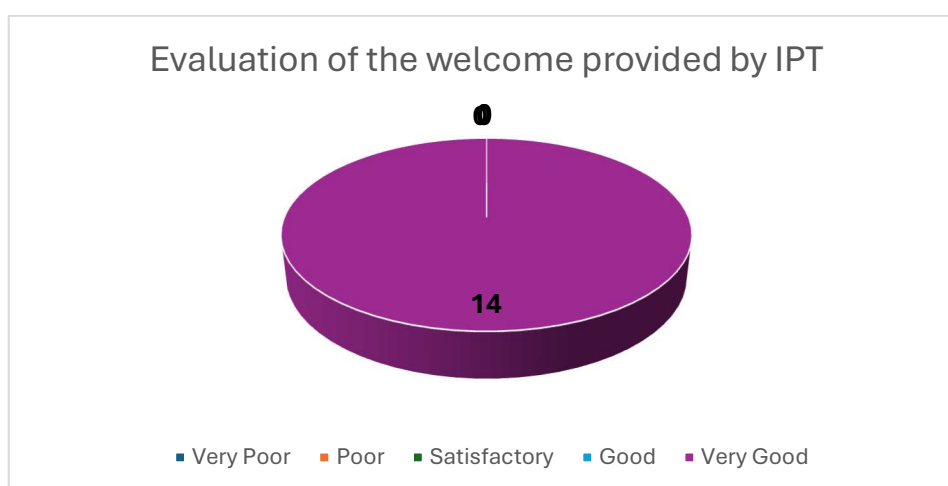
Source: own elaboration

Graph 3:



Source: own elaboration

Graph 4:



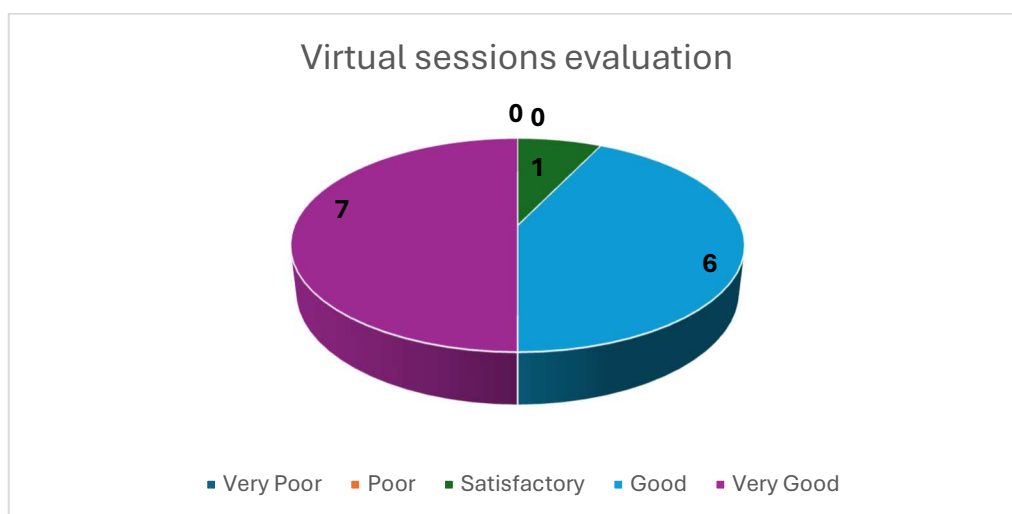
Source: own elaboration

Graph 5:



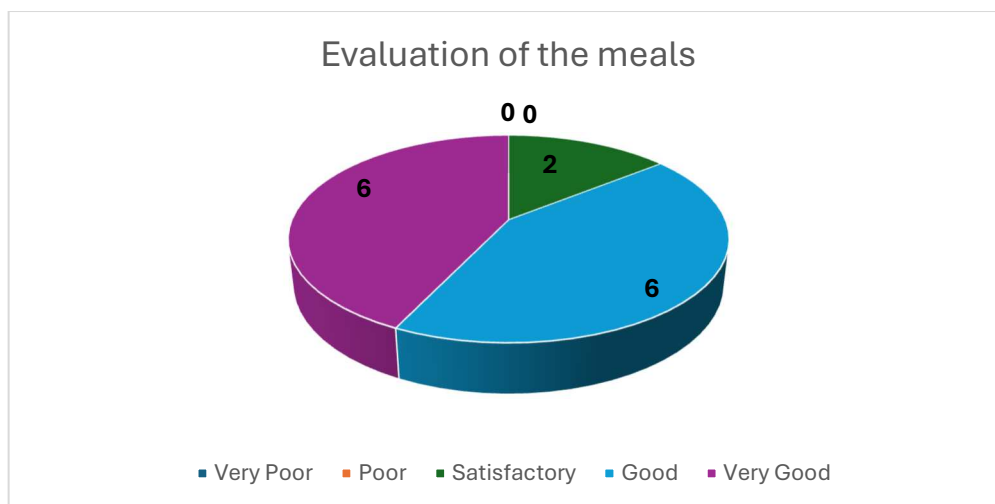
Source: own elaboration

Graph 6:



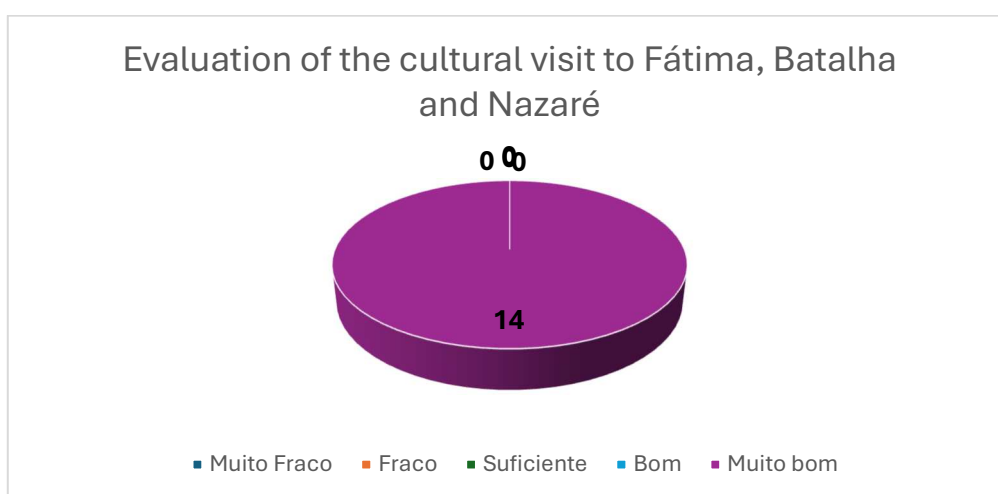
Source: own elaboration

Graph 7:



Source: own elaboration

Graph 8:



Source: own elaboration

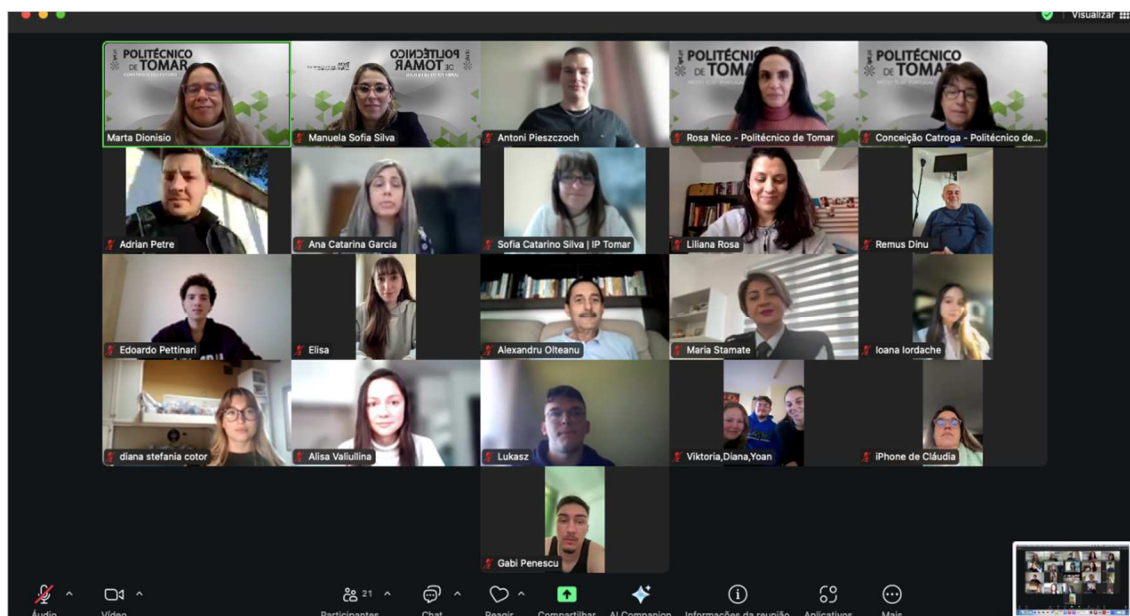
With regard to the strengths of the content developed during the BIP, participants highlighted the following:

- *Cooperative, understanding.*
- *high commitment of the presenters, interesting topics.*
- *Interculturalism, cultural diversity, inclusion, participation.*

- *From my point of view, the cultural mix that was created highlighted the fact that Europe is a big family in which small differences provide the much-needed touch of authenticity and diversity.*
- *It was open to discussion and participants simply integrating was essential for the BIP's theme.*
- *new knowledge, communication, professional development, socialization.*
- *I learned new things about the Portuguese culture and the interculturalism.*
- *I really enjoyed the topics of our seminars — they were truly interesting and insightful. I especially liked the discussions about religions, music, and languages. All the topics were very diverse, and each one offered a new perspective on the culture, traditions, and art of different peoples. A special thanks to the speakers — all the presentations were engaging, informative, and inspiring.*
- *The content developed during the workshops was both relevant and engaging, with a strong focus on practical application. One of its key strengths was the interdisciplinary approach, which allowed participants from different backgrounds to collaborate and contribute unique perspectives. The materials were well-structured, up-to-date, and tailored to current challenges in the field, making them not only informative but also highly applicable. Additionally, the interactive format of the workshops encouraged critical thinking, creativity, and active participation, which significantly enhanced the learning experience.*
- *I loved being able to apply knowledge that I had obtained during my previous studies. The content was good, on many topics and easy understandable.*
- *welcome and hospitality.*

Activities

Picture 1:



Virtual sessions: Welcoming, Icebreaker activity and speakers' presentations.

Picture 2:



Participants registration.

Picture 3:



Welcoming participants

Picture 4:



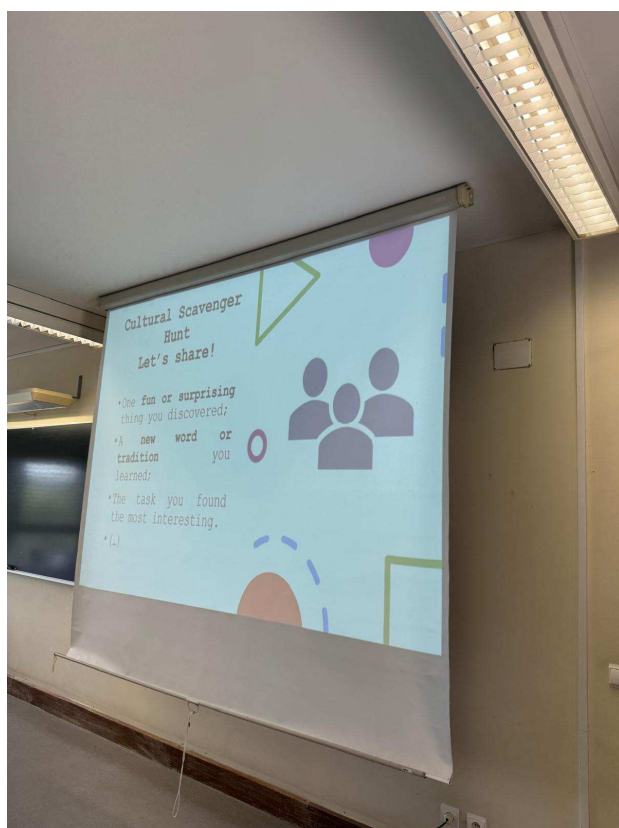
Presenting the team to the participants

Picture 5:



Welcoming speeches

Pictures 6 and 7:



Working on the Cultural Scavenger Hunt (Integration Game)

Picture 8:



City tour – Intercultural Influences in Local Landmarks

Pictures 9 and 10:



Keynote presentation and panel discussion – Challenges and Opportunities in Religious Diversity

Pictures 11 and 12:



Cultural visit



Picture 13:



Keynote presentation: Food as a cultural connector

Picture 14:



Group activity: Analysing the symbolism of food across cultures

Picture 15:



Keynote presentation: The power of arts in intercultural communication

Pictures 16 and 17:



Workshop on music



Pictures 18 and 19:



Workshop on African dances / Zumba

Pictures 20 and 21:



Collaborative projects presentations

Pictures 22, 23 and 24:



Closing ceremony: awarding certificates