

menu dinner 01/07/2024 TO 05/07/2024

| day | dish | side dish | |
|-----------|--------|-----------------------------------|----------------------------|
| Monday | soup | french garlic | |
| | meet | beef meatballs | spaghetti |
| | fish | cooked hake | boiled potatoes |
| | diet | cooked hake | boiled potatoes |
| | option | beef meatballs | spaghetti |
| | veget | mix eggs with peas rice | |
| Tuesday | soup | carrot cream | |
| | meet | roast chicken | baked potatoes and rice |
| | fish | grilled mackerel | boiled potatoes |
| | diet | grilled mackerel | boiled potatoes |
| | option | roast chicken | baked potatoes and rice |
| | veget | salted tofu with vegetables | |
| Wednesday | soup | spinach | |
| | meet | grilled pork chops | peas rice |
| | fish | fish rice | |
| | diet | fish rice | |
| | option | grilled pork chops | peas rice |
| | veget | spaghetti with mushrooms and peas | |
| Thursday | soup | vegetables | |
| | meet | grilled chicken steak | fusilli |
| | fish | breaded fillets | potatoes, carrot and peas |
| | diet | grilled chicken steak | fusilli |
| | option | grilled chicken steak | fusilli |
| | veget | tofu rice | |
| Friday | soup | vegetables | |
| | meet | pork | chips and rice |
| | fish | tunna fish | beans, potatoes and carrot |
| | diet | tunna fish | beans, potatoes and carrot |
| | option | pork | chips and rice |
| | veget | cuscus with beans and mushrooms | |

menu lunch 01/07/2024 TO 05/07/2024

| day | dish | side dish | |
|-----------|--------|--|----------------|
| Monday | soup | french garlic | |
| | meet | grilled pork steak | carrot rice |
| | fish | cod pasties | carrot rice |
| | diet | grilled pork steak | carrot rice |
| | option | grilled pork steak | carrot rice |
| | veget | seitan bolognese | |
| Tuesday | soup | carrot cream | |
| | meet | pork bolognese | spaguetti |
| | fish | hake fillets in the oven | rice |
| | diet | hake fillets in the oven | rice |
| | option | pork bolognese | spaguetti |
| | veget | stewed lentills with vegetbles and boiled potatoes | |
| Wednesday | soup | spinach | |
| | meet | chicken rice | |
| | fish | red fish in the oven | baked potatoes |
| | diet | red fish in the oven | baked potatoes |
| | option | chicken rice | |
| | veget | vegetables and seitan with rice | |
| thrusday | soup | vegetables | |
| | meet | pork pie | |
| | fish | fish patties | rice |
| | diet | boiled hake | potatoes |
| | option | pork pie | |
| | veget | vegetables pie with egg and chips | |
| Friday | soup | vegetables | |
| | meet | roast chicken | rice and chips |
| | fish | fried hake | tomato rice |
| | diet | roast chicken | rice |
| | option | roast chicken | rice and chips |
| | veget | seitan with carrot rice | |