## MENU LUNCH 24/06/2024 TO 28/06/2024

SOUP SPINACH  MEET PORK STEAK RICE  FISH FISH RICE  OPTION PORK STEAK RICE  OPTION STEWED CHICKEN SPAGHETTI  FISH GRILLED MACKEREL BOILED POTATOES  OPTION STEWED CHICKEN SPAGHETTI  OPTION STEWED CHICKEN SPAGHETTI  FISH TUNA FISH POTATOES, CARROT AND PEAS  DIET TUNA FISH POTATOES, CARROT AND PEAS  OPTION FRIED PORK CARROT RICE  FISH TUNA FISH POTATOES, CARROT AND PEAS  OPTION FRIED PORK CARROT RICE  OPTION FRIED PORK CARROT RICE  FISH STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  OPTION BREADED PORT CHOPS SPAGHET	DAY		DISH	SIDE DISH		
FISH FISH RICE  OPTION PORK STEAK RICE  FISH GRILLED MACKEREL BOILED POTATOES  DIET GRILLED MACKEREL BOILED POTATOES  OPTION STEWED CHICKEN SPAGHETTI  PORTION STEWED CHICKEN SPAGHETTI  OPTION STEWED CHICKEN SPAGHETTI  OPTION STEWED CHICKEN SPAGHETTI  Veget. SOYA RICE  SOUP VEGETABLES  MEET FRIED PORK CARROT RICE  FISH TUNA FISH POTATOES, CARROT AND PEAS  OPTION FRIED PORK CARROT RICE  OPTION FRIED PORK CARROT RICE  OPTION FRIED PORK CARROT RICE  FISH STEWED DORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  Veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	MONDAY	SOUP	SPINACH			
Veget.  SOUP FISH FISH OPTION FRIED PORK FISH FISH FISH OPTION STEWED CHICKEN SPAGHETTI OPTION STEWED CHICKEN SPAGHETTI OPTION STEWED CHICKEN SPAGHETTI OPTION STEWED CHICKEN SPAGHETTI OPTION STEWED CHICKEN SOYA RICE  SOUP VEGETABLES MEET FRIED PORK CARROT RICE FISH TUNA FISH POTATOES, CARROT AND PEAS OPTION FRIED PORK CARROT RICE OPTION FRIED PORK CARROT RICE Veget. RICE WITH MUSHROOMS AND BROCOLLI  SOUP MEET FISH STEWED DAFFODIL RICE OPTION BREADED PORK CHOPS SPAGHETTI FISH STEWED DAFFODIL RICE OPTION BREADED PORK CHOPS SPAGHETTI Veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM MEET PORK STEAK RICE AND CHIPS		MEET	PORK STEAK	RICE		
Veget.  SOUP  FISH  FISH  GRILLED MACKEREL  OPTION  STEWED CHICKEN  SPAGHETTI  FISH  GRILLED MACKEREL  OPTION  STEWED CHICKEN  SPAGHETTI  OPTION  STEWED CHICKEN  SPAGHETTI  OPTION  STEWED CHICKEN  SPAGHETTI  Veget.  SOUP  VEGETABLES  MEET  FRIED PORK  CARROT RICE  FISH  TUNA FISH  OPTION  FRIED PORK  CARROT RICE  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  DIET  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  Veget.  STEWED TOFU WITH BOILED POTATOES  SOUP  CARROT CREAM  MEET  PORK STEAK  RICE AND CHIPS		FISH	FISH RICE			
Veget.  SOUP  FISH  FISH  GRILLED MACKEREL  OPTION  STEWED CHICKEN  SPAGHETTI  FISH  GRILLED MACKEREL  OPTION  STEWED CHICKEN  SPAGHETTI  OPTION  STEWED CHICKEN  SPAGHETTI  OPTION  STEWED CHICKEN  SPAGHETTI  Veget.  SOUP  VEGETABLES  MEET  FRIED PORK  CARROT RICE  FISH  TUNA FISH  OPTION  FRIED PORK  CARROT RICE  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  DIET  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  Veget.  STEWED TOFU WITH BOILED POTATOES  SOUP  CARROT CREAM  MEET  PORK STEAK  RICE AND CHIPS		DIET	FISH RICE			
SOUP FRENCH GARLIC  MEET STEWED CHICKEN SPAGHETTI  FISH GRILLED MACKEREL BOILED POTATOES  OPTION STEWED CHICKEN SPAGHETTI  veget. SOYA RICE  SOUP VEGETABLES  MEET FRIED PORK CARROT RICE  FISH TUNA FISH POTATOES, CARROT AND PEAS  OPTION FRIED PORK CARROT RICE  FISH TUNA FISH POTATOES, CARROT AND PEAS  OPTION FRIED PORK CARROT RICE  Veget. RICE WITH MUSHROOMS AND BROCOLLI  SOUP GREEN SOUP  MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  Veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS		OPTION	PORK STEAK	RICE		
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Veget.  SOUP  VEGETABLES  MEET  FRIED PORK  FISH  TUNA FISH  OPTION  FRIED PORK  CARROT RICE  FISH  TUNA FISH  POTATOES, CARROT AND PEAS  OPTION  FRIED PORK  CARROT RICE  Veget.  RICE WITH MUSHROOMS AND BROCOLLI  SOUP  MEET  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  Veget.  STEWED TOFU WITH BOILED POTATOES  SOUP  CARROT CREAM  MEET  PORK STEAK  RICE AND CHIPS				SPAGHETTI		
Veget.  SOUP  VEGETABLES  MEET  FRIED PORK  FISH  TUNA FISH  OPTION  FRIED PORK  CARROT RICE  FISH  TUNA FISH  POTATOES, CARROT AND PEAS  OPTION  FRIED PORK  CARROT RICE  Veget.  RICE WITH MUSHROOMS AND BROCOLLI  SOUP  MEET  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  Veget.  STEWED TOFU WITH BOILED POTATOES  SOUP  CARROT CREAM  MEET  PORK STEAK  RICE AND CHIPS			GRILLED MACKEREL			
Veget.  SOUP  VEGETABLES  MEET  FRIED PORK  FISH  TUNA FISH  OPTION  FRIED PORK  CARROT RICE  FISH  TUNA FISH  POTATOES, CARROT AND PEAS  OPTION  FRIED PORK  CARROT RICE  Veget.  RICE WITH MUSHROOMS AND BROCOLLI  SOUP  MEET  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  FISH  STEWED DAFFODIL  RICE  OPTION  BREADED PORK CHOPS  SPAGHETTI  Veget.  STEWED TOFU WITH BOILED POTATOES  SOUP  CARROT CREAM  MEET  PORK STEAK  RICE AND CHIPS				BOILED POTATOES		
SOUP VEGETABLES  MEET FRIED PORK CARROT RICE  FISH TUNA FISH POTATOES, CARROT AND PEAS  DIET TUNA FISH POTATOES, CARROT AND PEAS  OPTION FRIED PORK CARROT RICE  veget. RICE WITH MUSHROOMS AND BROCOLLI  SOUP GREEN SOUP  MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  DIET STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	-		STEWED CHICKEN	SPAGHETTI		
MEET FRIED PORK CARROT RICE FISH TUNA FISH POTATOES, CARROT AND PEAS DIET TUNA FISH POTATOES, CARROT AND PEAS OPTION FRIED PORK CARROT RICE Veget. RICE WITH MUSHROOMS AND BROCOLLI  SOUP GREEN SOUP MEET BREADED PORK CHOPS SPAGHETTI FISH STEWED DAFFODIL RICE DIET STEWED DAFFODIL RICE OPTION BREADED PORK CHOPS SPAGHETTI Veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM MEET PORK STEAK RICE AND CHIPS		veget.	SOYA RICE			
MEET FRIED PORK CARROT RICE FISH TUNA FISH POTATOES, CARROT AND PEAS DIET TUNA FISH POTATOES, CARROT AND PEAS OPTION FRIED PORK CARROT RICE Veget. RICE WITH MUSHROOMS AND BROCOLLI  SOUP GREEN SOUP MEET BREADED PORK CHOPS SPAGHETTI FISH STEWED DAFFODIL RICE DIET STEWED DAFFODIL RICE OPTION BREADED PORK CHOPS SPAGHETTI Veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM MEET PORK STEAK RICE AND CHIPS		Icoup I				
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SOUP GREEN SOUP  MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  DIET STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	DA					
SOUP GREEN SOUP  MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  DIET STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	VES					
SOUP GREEN SOUP  MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  DIET STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	ED					
SOUP GREEN SOUP  MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  DIET STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	3					
MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS		veget.	RICE WITH MUSHROOMS AND BROCOLLI			
MEET BREADED PORK CHOPS SPAGHETTI  FISH STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS		SOUP	GREEN SOLIP			
FISH STEWED DAFFODIL RICE  DIET STEWED DAFFODIL RICE  OPTION BREADED PORK CHOPS SPAGHETTI  veget. STEWED TOFU WITH BOILED POTATOES  SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS	THRUSDAY					
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SOUP CARROT CREAM  MEET PORK STEAK RICE AND CHIPS		100000000000000000000000000000000000000				
MEET PORK STEAK RICE AND CHIPS			STEWED TOTO WITH BOILED FOTATOLS			
THIS STATE OF THE	FRIDAY	SOUP	CARROT CREAM			
FISH IN THE OVEN ROAST POTATOES		MEET	PORK STEAK	RICE AND CHIPS		
DIET FIGURATUS OVEN BOAST BOTATOSS		FISH	FISH IN THE OVEN	ROAST POTATOES		
E PIET   FISH IN THE OVEN   KOAST POTATOES		DIET	FISH IN THE OVEN	ROAST POTATOES		
OPTION PORK STEAK RICE AND CHIPS		OPTION	PORK STEAK	RICE AND CHIPS		
veget. NOODLE WITH MUSHROOMS AND SPINACH		veget.	NOODLE WITH MUSHROOMS AND SPINACH			

## MENU DINNER 24/06/2024 TO 28/06/2024

DAY		DISH	SIDE DISH		
	SOUP	SPINACH			
MONDAY	MEET	PORK	CHIPS AND RICE		
	FISH	CODFISH	RICE		
	DIET	BOILED HAKE	BOILED POTATOES		
	OPTION	PORK	CHIPS AND RICE		
	veget.	CUSCUS WITH	I VEGETABLES		
	CAPILIC				
	SOUP	FRENCH GARLIC			
TUESDAY	MEET	PORK IN THE OVEN	ROAST POTATOES		
	FISH	BOILED HAKE	BOILED POTATOES		
	DIET	BOILED HAKE	BOILED POTATOES		
	OPTION	PORK IN THE OVEN	ROAST POTATOES		
	veget.	SEITAN IN THE OVEN WITH ROAST POTATOES			
	SOUP	VEGETABLES			
۸	MEET	PORK WITH ONIONS	RICE AND CHIPS		
WEDNESDAY	FISH	HAKE FILLETS IN THE OVEN	RICE		
	DIET	HAKE FILLETS IN THE OVEN	RICE		
	OPTION	PORK WITH ONIONS	RICE AND CHIPS		
	veget.	FUSILLI WITH VEGETABLES			
THRUSDAY	SOUP	GREEN SOUP			
	MEET	ROAST CHICKEN	CARROT RICE		
	FISH	GRILLED SWORDFISH	BOILED POTATOES		
	DIET	GRILLED SWORDFISH	BOILED POTATOES		
	OPTION	ROAST CHICKEN	CARROT RICE		
	veget.	SOYA BOLOGNESE WITH SPAGHETTI			
	CREAM				
FRIDAY	SOUP MEET	BREADED CHICKEN	SPAGHETTI		
	FISH	SQUIDS RICE	JI AGIILI II		
	DIET	SQUIDS RICE			
	OPTION	BREADED CHICKEN	SPAGHETTI		
	veget.				
	veget.	SOYA MEATBALLS WITH SPAGHETTI			