

LUNCH MENU 17/06/2024 TO 21/06/2024

| DAY | | DISH | SIDE DISH |
|------------------|--------|-----------------------------------|-----------------------------|
| MONDAY | soup | spinach | |
| | meat | grilled pork chops | bean rice |
| | fish | boiled hake | boiled potatoes |
| | diet | boiled hake | boiled potatoes |
| | option | grilled pork chops | bean rice |
| | veget. | grilled tofu with bean rice | |
| TUESDAY | soup | cabbage | |
| | meat | roast chicken | rice and chips |
| | fish | grilled mackerel | boiled potatoes |
| | diet | grilled mackerel | boiled potatoes |
| | option | roast chicken | rice and chips |
| | veget. | roast tofu and potatoes | |
| WEDNESDAY | soup | green bean | |
| | meat | pork meat pie | |
| | fish | tuna and egg | beans, carrots and potatoes |
| | diet | tuna and egg | beans, carrots and potatoes |
| | option | pork meat pie | |
| | veget. | soya pie | |
| THURSDAY | soup | french garlic cream | |
| | meat | pork with mushrooms | spaghetti |
| | fish | fish rice | |
| | diet | fish rice | |
| | option | pork with mushrooms | esparguete |
| | veget. | vegetables with spaghetti | |
| FRIDAY | soup | green soup | |
| | meat | cow meat balls | mashed potatoes |
| | fish | medallions in the oven | rice |
| | diet | medallions in the oven | rice |
| | option | cow meat balls | mashed potatoes |
| | veget. | stewed lentills with egg and rice | |

DINNER MENU 17/06/2024 TO 21/06/2024

| DAY | | DISH | SIDE DISH |
|------------------|--------|--|-------------------------|
| MONDAY | soup | spinach | |
| | meat | pork with peas | spaghetti |
| | fish | red fish in the oven | roast potatoes and rice |
| | diet | red fish in the oven | roast potatoes and rice |
| | option | pork with peas | spaghetti |
| | veget. | soya bolognese | |
| TUESDAY | soup | cabbage | |
| | meat | pork with onions | noodle |
| | fish | codfish patties | tomato rice |
| | diet | grilled pork | noodle |
| | option | pork with onions | noodle |
| | veget. | breaded seitan with tomato rice | |
| WEDNESDAY | soup | green bean | |
| | meat | pork steak with fried egg | rice and chips |
| | fish | fillets in the oven | rice |
| | diet | fillets in the oven | rice |
| | option | pork steak with fried egg | rice and chips |
| | veget. | fried egg and soya sausage with chips and rica | |
| THURSDAY | soup | french garlic cream | |
| | meat | beef rissoles | mushrooms rice |
| | fish | stewed daffodil | rice |
| | diet | stewed daffodil | rice |
| | option | beef rissoles | mushrooms rice |
| | veget. | vegetables rice | |
| FRIDAY | soup | green soup | |
| | meat | s. jacob (cheese and ham) | peas rice |
| | fish | stewed squids | peas rice |
| | diet | stewed squids | peas rice |
| | option | s. jacob (cheese and ham) | peas rice |
| | veget. | breaded vegetables with peas rice | |